



# **Specimen Instructions**



## **Acceptable Samples**

- Peripheral Blood (EDTA tube) PREFERRED
- Buccal/Saliva Swab

Peripheral blood sample is preferred **except** for patients who have undergone a blood transfusion in the past two weeks and/or a bone marrow transplant where a buccal/saliva swab is preferred.



## **Collection & Shipping Instructions**

#### PERIPHERAL BLOOD

- Collect patient's blood in two 4mL lavender top EDTA tubes.
- **2.** Label each tube with two unique patient identifiers (Name, DOB, Date of Collection).
- 3. Store at 4°C until shipment.
- **4.** Place the sealed tubes inside a biohazard bag, then into the test kit box.
- **5.** Include a printed copy of the order from the Foundation Medicine Portal OR a completed Specimen & Order Information Card (included with the kit).
- **6.** Use the pre-paid shipping label and schedule a pickup.
- **7.** Ship within 72 hours at ambient or refrigerated temperature.

### TEST KIT

Please use this specific test kit for sample collection:



#### BUCCAL/SALIVA SWAB

- **1.** Patient should not eat, drink, smoke, or chew gum for 30 minutes before collection.
- 2. Rub the swab on the patient's left lower gum (10 times back-and-forth), then repeat on the right.
- **3.** Insert the swab into the collection tube and close tightly.
- 4. Shake the sealed tube 15 times to mix.
- **5.** Label the tube with Name, DOB, and collection date.
- **6.** Place the sample in a biohazard bag, then into the test kit box.
- 7. Include a printed copy of the order from the Foundation Medicine Portal - OR - a completed Specimen & Order Information Card (included with the kit).
- 8. Ship using the pre-paid shipping label.



#### For questions or to order collection kits, contact Foundation Medicine Support:

1-877-204-4319 or FMISupport@fulgentgenetics.com

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